

## Swami Bhoomananda Tirtha

Founder & Guiding Light
Narayanashrama Tapovanam &
Centres for Inner Resources Development



Thrissur, Kerala 680563

### Swami Bhoomananda Tirtha



- > Poojya Swamiji embraced sannyaasa at the age of 23.
- Poojya Swamiji is from the Dasanami Tirtha lineage and received Brahmavidya initiation from Baba Gangadhara Paramahamsa of Dakshinkhanda (West Bengal).
- > For over six decades now, Poojya Swamiji has been giving rational expositions on Bhagavad Gita, Shrimad Bhaagavatam, Upanishads and other spiritual texts.



# Teachings



Poojya Swamiji upholds that all problems in human life are born of the mind, and so the solutions are also to be found within the mind. The path is simple: One must make the outgoing mind look inward. This is effected through two means:

- > Meditative absorption, where the seeker discovers the real nature of the mind as well as the world.
- > Interactional Saadhana, a technique of shifting our focus from the external situation to the mind's response to it, and treating the mind through knowledge.



## Sannyasin Disciples of Poojya Swamiji



> Swami Nirviseshananda Tirtha (Nutan Swamiji)
Was initiated into the pursuit of Brahmavidya by Baba Gangadhara
Paramahamsa. In 1987, he renounced his professional life and
dedicated himself to the service of Poojya Swamiji.

#### > Ma Gurupriya

Was initiated into the pursuit of Brahma Vidya by Baba Gangadhara Paramahamsa. Ma renounced her profession and joined Narayanashrama Tapovanam in 1987. Guru-bhakti and Guru-seva are expressed throughout Ma's discourses, writings, inspirational recitation of shlokas, and loving care of Poojya Swamiji's "spiritual children".

## Narayanashrama Tapovanam



Established in 1963 by Poojya Swami
Bhoomananda Tirtha Ji on the slope of the
Pandava Giri hill in Venginissery village,
Thrissur, Kerala, India.

An abode of Learning & Experiential Vedanta

"There is a way of living in this world without getting bound by it."

- Poojya Swamiji

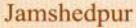


Narayanashrama Tapovanam Thrissur, Kerala 680563

# Centre for Inner Resources Development (CIRD)

CIRDs in Delhi, Jamshedpur, Malaysia and North America organize lectures, workshops and residential retreats, inspiring people to discover their inner potential, and live a life of clarity, excellence & fulfilment.







Delhi NCR



Malaysia



## Jnana Yajnas

(Discourses, Classes, Satsangs, Workshops and Q&A sessions)

The Jnana Yajnas and spiritual retreats are held annually in
Thrissur, Delhi, Jamshedpur, USA and Malaysia.

The focus is on how Vedantic Knowledge can be applied to every aspect of our daily life.







Jamshedpur



Delhi



# Global Bhagavad Gita Convention 2017, 2018 & 2019 - USA

#### A Call for Personal Growth & Universal Well-being







# Annual Sreemad Bhaagavata Tattva Sameeksha Satram Since 2002

10 day knowledge festival, in which saints and scholars explain how the essential values of Sreemad Bhaagavatam can be applied to daily life. Thousands of devotees from rural areas as well as school children participate.





# Cultural Heritage Classes (CHC) for Children

Classes are held every Sunday in Narayanashrama Tapovanam and the CIRDs, imparting value-based education through literature, drama, sanskrit chanting and bhajans.









# Anna Vastra Daana Satram Since 1984

Rice and clothing are distributed to indigent families during monthly and yearly daana satras.

The 34<sup>th</sup> annual Anna Vastra Daana Satram in 2019 benefited over 38,000 families from Kerala, Delhi NCR, Dakshinkhanda, Jamshedpur and tribal villages in Jharkhand.









## Social Welfare Activities



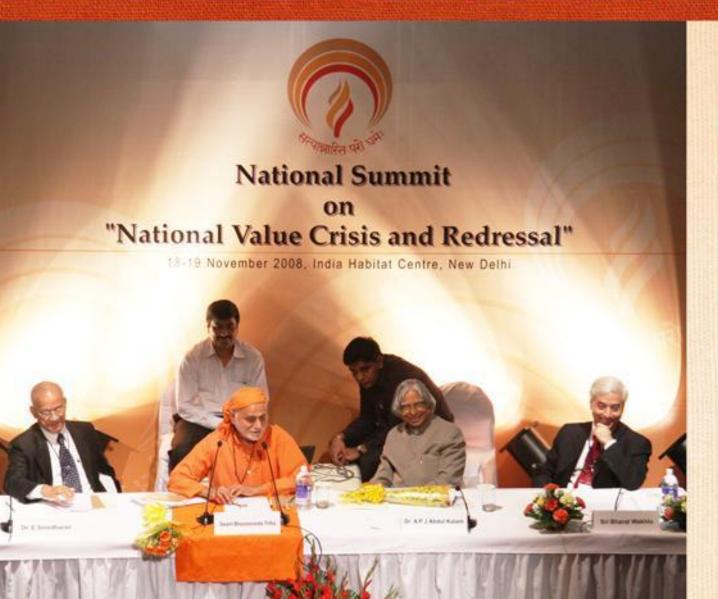




- > The ashram, working with the Panchayat, police and other NGOs provides emergency relief during the natural calamities.
- ➤ Kerala floods (2018) the Ashram distributed provisions, drinking water, bed materials, clothing, and utensils and also provided assistance for house repair and rebuilding.
- Global Coronavirus pandemic (2020) Ashram and CIRDs, distributed provisions, vegetables and also daily meals to thousands in Jharkhand and Kerala who needed immediate help.

# Foundation for Restoration of National Values Inspired and guided by Poojya Swami Bhoomananda Tirtha

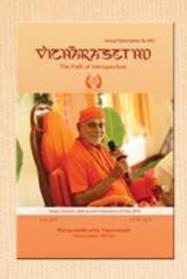




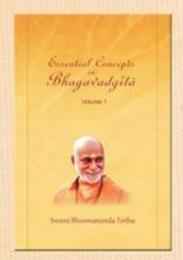
FRNV strives to restore our time-tested Values so that people, individually as well as collectively find an abiding inner persuasion to be truthful, ethical, patriotic and committed to wholesome development of the Nation.

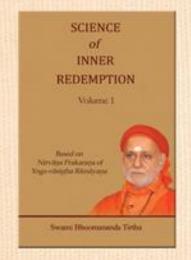


## Publications









- > Monthly journals in English, Hindi & Malayalam.
- More than 80 books in English, Hindi, Malayalam, Bengali and Gujarati languages.
- > e-Books.
- > Audio and Video CDs/DVDs.
- > Daily TV Programmes.
- > 5 YouTube Channels.





#### Narayanashrama Tapovanam

An abode of Learning & Experiential Vedanta





+91 487 227 8363



ashram@bhoomananda.org



www.SwamiBhoomanandaTirtha.org



www.facebook.com/Narayanashrama.tapovanam



www.youtube.com/Narayanashrama

