



Swami Nirviseshananda Tirtha

"Disturbance is always caused by our mind and not by the world. The real noise is created within, not outside".

Apply today!

For Ages 18 to 55 years old
(Prior registration is required)

To register
please email to:
sirdprogram@gmail.com
or

contact us at:
Phone/Whatsapp:
Dev +6012-221 9676
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**Society For Inner Resource
Development Malaysia
(SIRD)**

Enlightened Living Walking the Inner Path



Residential Retreat 2023

20 Jan 2023 | Friday | 7PM -

25 Jan 2023 | Wednesday | 12PM

Residential Retreats conducted by Swami Nirviseshananda Tirtha, a Sannyasin disciple of Swami Bhoomananda Tirtha, lead seekers on the inner path towards freedom and fulfilment through clear understanding and experiential insight.

Contents of Program:

1. Discourses on Bhagavad Gita and Upanishads
2. Interactive Sessions (Questions & Answers)
3. Guided Introspection Sessions
4. Prayer & Meditation
5. Learning Sanskrit Shloka Chanting

What can I expect to learn or gain:

1. Where lies lasting happiness
2. How to make my mind strong and confident
3. How to have clarity in decision making
4. Enlightened assessment of life & the world

This is an in-house program.

The program will be held at Society for Inner Resources Development (SIRD), No. 1, Jalan 22/40, 46200 Petaling Jaya, Selangor, Malaysia.

- Daily program is from 6.30am to 9.00pm with rest time in between.
- Food, and accommodation will be provided. Participants will be accommodated at a budget hotel nearby.
- Transportation will be provided to travel from and to the budget hotel for those without transport.
- Full commitment required to attend the program for all 5 days (from 20th to 25th Jan 2023) without any break.